



## TRAVEL ITINERARY ABROAD EDUCATIONAL PROGRAM



### May 20, Sunday (Day 1): Fly South

International Flights arriving into Quito, transfers and lodging at Zaysant Lodge.

### May 21, Monday (Day 2): Middle of the world

At morning the group will gather for breakfast at Zaysant Lodge, welcome and introductory chat among student's, faculty members and guide to Ecuador and its customs and day and journey activities.

After gathering we will take the bus towards the Imbabura Province. We will stop at Quitsato Project to learn about the Equator, its sun dial and its importance to highlander cultures. We will visit Otavalo Market and lunch there. In the afternoon we will visit a Healer at Agualongo near Illuman with Yachac Maria Juana for a Cleansing Ceremony and trip good will.

Late afternoon arrival to San Clemente Community to meet host families. Accommodate and dinner with host families.

During our stay in San Clemente Community each two (or more) participants of the group will be assigned a host family. We will be able to approach the core of community's way of living and discover the value of Sumak Kawsay (Joyful Life.) We will discover the communion people have with Pachamama (Mother Earth) and dear community members and families.

It will be a great opportunity for each participant to engage with house hold and family doing/activities such: grinding corn, preparation of food at the kitchen, animal handle (feeding, milking, cleaning up), etc. Each participant will breakfast, lunch and dinner with the host family unless communal meal or group activity.



### May 22, Tuesday (Day 3): Plow the field

Breakfast, morning activity: plow a lot and get the soil ready for seeding. Lunch with host families. Afternoon activity: embroidery (participate in hand craft making.) Debrief the day. Dinner at host families. Tradition and story telling by host families.

### May 23, Wednesday (Day 4): Minga time

We will join a community minga (communal work or barn raising) all morning and part of the afternoon. Discussion at Cultural Center: history, cosmo vision, legends, social matters, relationships at the community. By Manuel Guatemal.

### May 24, Thursday (Day 5): Taita Imbabura Trail

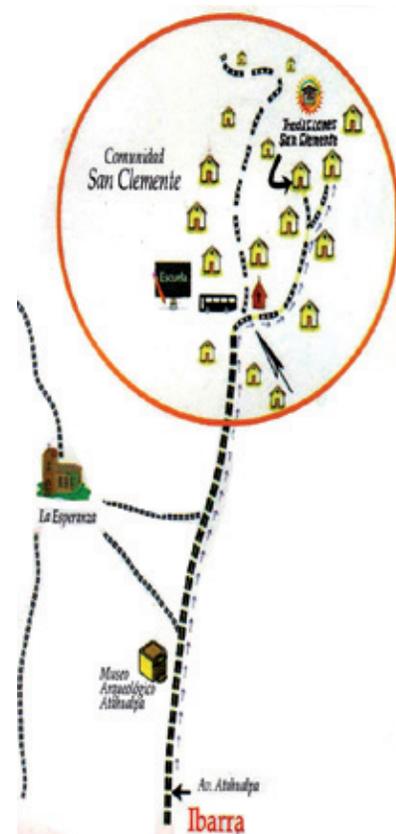
Early begging for Imbabura Mountain trek. Difficulty: Moderate, No Rock or Ice Climbing, High altitude trekking: 4,600 m - 15,000ft; length: 8 hours  
Lunch at the Summit (when possible.) Return to host families late afternoon. Dinner.

### May 25, Friday (Day6): Minga time

We will continue with the community minga and finish with our common goal. Participate at lunch at pachamanka (pot luck meal.) Minga Closure: Music festival from local band and dancing festivity. Late afternoon return to host families and dinner.

### May 26, Saturday (Day 7): Avenue of the Volcanoes Ride

After breakfast the group will depart towards South East Ecuador. Lunch on the way. Arrive late afternoon to the town of Puyo located at the edge of the rainforest. Accommodations and dinner at Hostal El Jardín. Debrief San Clemente's Community Visit. Guidance highlights and entering the rain forest.



### May 27, Sunday (Day 8): Endless Broccoli

After breakfast at el Jardín, the group will depart to the town of Shell. Go to the Shell's airport to catch a plane for the 45-minute flight deep into the Amazon Basin and Achuar Territory.

We will land in the community of Sharamentsa and get to our accommodations. After lunch, we will have an afternoon hike to Amaru Waterfall to have a ceremonial bath.

(Difficulty: moderated activity; mud, swamp and root walking; 3 hours)

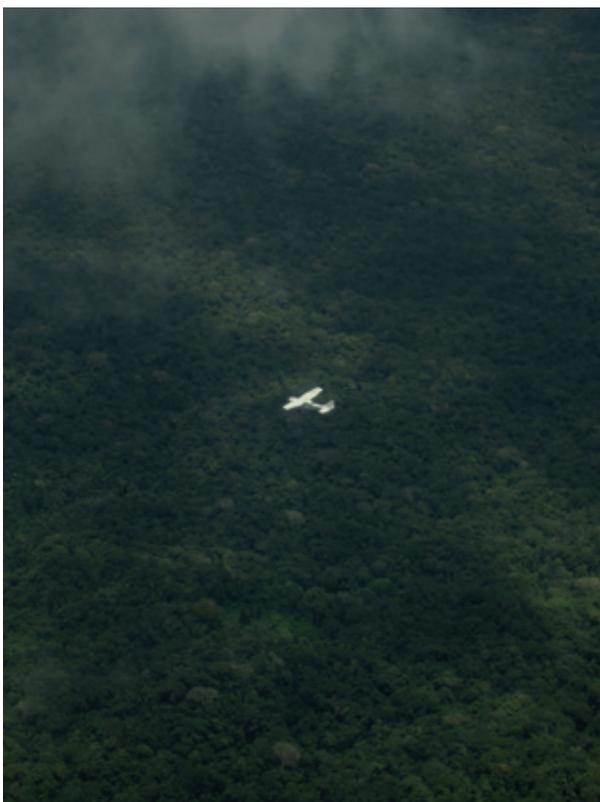
### May 28, Monday (Day 9): Wayusa Time

Early start. Attend to Wayusa tea ceremony and dream sharing. After the ceremony get assigned to our host families to spend the day with family doings.

Join for lunch with the rest of the group and go back to our host families for the rest of the afternoon. Dinner with group and overnight at lodge.

### May 29, Tuesday (Day 10): Achuar tikia

After breakfast the group will join the host families for daily activities. Chakra doings, house repairs, etc. Join group for lunch and dinner. Overnight at lodge.





### May 30, Wednesday (Day 11): Achuar tikia

After breakfast the group will join the host families for daily activities. Chakra doings, house repairs, etc. Join group for lunch and dinner. Overnight at lodge.

### May 31, Thursday (Day 12): Shaman's Trail

Early start. After joining the group for breakfast set off towards the community of Wayutsentsa for camping experience.

At night attend to lecture by achuar brothers Taish and Entsakua Yunkar. Dinner at community and overnight\*.

### June 1, Friday (Day 13): Kapawari Cara

After early breakfast the group will join for a 25 km kayak ride on the Kapawari River. We will get to Kapawi Ecolodge for lunch and to canoe ride through the Pastaza River back into Sharamentsa for our last dinner/night. \*(Difficulty: strenuous; mud, swamp, river and root walking; 5 hours.)

### June 2, Saturday (Day 14): Farewell Arutam

After an early breakfast, prepare for departure and farewell. Begin the journey out of the rainforest traveling by canoe and small plane back to the town of Shell. Arrive to Baños for lunch and city tour. After lunch we will go to Runawasi for dinner and accommodations. Group gathering to debrief the visit to Achuar Territory.

### June 3, Sunday (Day 15): Little Inti Raymi

After breakfast we will visit Alonso Pilla's Weaving Center where we will learn ancient weaving techniques. Lunch at Salasaca Community. Free afternoon to integrate our experience and dance ancient Andean tunes. Dinner at Runawasi.

### June 4, Monday (Day 16): Papallacta

After early lunch we will depart towards Papallacta hot springs for the conclusion to a great trip. Time to soak and relax in the medicinal hot springs of Papallacta.

### June 5, Tuesday (Day 17): Farewell Morning

After breakfast International Departure Flights back to the US or international destinations.

